Preparation of Family Tree

The Family Tree is a preparation for a Generational Healing Mass. It is to be used to help look at the generations before you (parents, aunts, uncles, grandparents, great-grandparents, etc.), your generation (you, spouse, siblings, cousins), and generations after you (children, grandchildren). It is meant to bring the healing Blood of Jesus into our generational lines to heal any spiritual, physical, or mental maladies passed down through the generations. These can be caused by involvement with: the Occult (secret spiritual knowledge or power) which denies the Lordship of Jesus Christ; habitual or severe sin, especially those seen generation after generation; or those things which have wounded or traumatized us or our generational lines, which need healing.

Note: this is not about finding fault or assigning blame; this is about God's healing. Some things that need healing are our own faults, but some are caused by others. Even if you recognize something is your fault, **this is not about feeling bad about yourself! This is about bringing all that we are to God's merciful Hands for healing and renewal.** He can recreate *all*. He created time, and is not bound by the limits of time. He can go back through the generations to bring His healing Blood, and refresh our lives.

A family tree is used to diagram family history so you can see at a glance where problems are in each generation. Begin at the bottom of the family tree; fill in your name and your spouse's name, and any problems you have (if divorced, insert your previous spouse's name, too). Do this same with your children, your parents and your brothers and sisters. Continue in this way up the family tree, as far as you can remember, indicating any patterns or problem areas in your family line. Some problems come down vertically, as from grandfather to father, some horizontally, from aunt to aunt, or cousin to cousin. Some of the problems are obvious, others are known only to God. Don't worry about what you do not know. Jesus will reveal what you need to know, and what He reveals He will bring into healing.

Great traumas may be healed through generational healing prayer without your knowing their exact cause. However, if you find that your family's problems are not completely resolved after one Generation Healing Mass, or healing prayer session, continue to intercede for them. In some cases, it may be necessary for prayer of the Healing of Generations to be repeated several times for family bloodlines. The following instructions provide some ideas to help prepare your family tree.

To construct your family tree, go back at least four generations, even if you do not know all names. If possible, check with parents, grandparents and other relatives to get more details or clearer information. Simply write on the family tree every issue that you would like to bring to the Lord. If you were adopted you may have only a minimal amount of information regarding your biological family. In that case, include whatever information you have as to your biological family, as well as any pertaining to your adopted family. If you were adopted and are unaware of your biological family, simply include all the information pertaining to your adopted family.

Once you have finished constructing the family tree, look at the possible patterns or problem areas with the family bloodlines. Below are some of the common areas of generational bondage or sin that may help jog your memory and make a more complete picture of your family line.

Remember to ask the Holy Spirit to reveal His Truth. He may give you an area that is not listed below, but it is essential to put down all areas revealed to you in order to break the patterns of generational sin.

Unusual and Violent Deaths or Severe Trauma

Identify, by name the people in your family who:

• Committed or attempted suicide

- Murdered, were murdered or died in tragic ways such as accidents or wars
- Committed an abortion or participated in/sponsored an abortion
- Died in a mental institution, nursing home or prison (especially those who felt lonely, unloved, and/or abandoned).
- Those who were not given a Christian burial, including committal services or prayer, or were unmourned
- Those were unnaturally grieved
- Repeated miscarriages
- Untimely deaths
- Severe trauma, with evidence of effects passed on through the family (e.g., drowning, resulting in fear of water in other members, especially descendants)

Evidence of Occult or Demonic Activity

- Superstitions
- Involved in the occult (e.g. Wicca, witchcraft, astrology, spiritualism, or divination)
- Opening one's self to powers of the spiritual realm, such as pre-cognition or other psychic abilities
- Involvement with the New Age, Native American, or other non-Christian spiritualities, including Reiki
- Made a blood covenant with Satan or involved in satanic worship
- Involved with a witch or other persons involved in the occult

Habitual Patterns of Sin

Sexual Sins:

- Adultery/fornication
- Contraception/Sterilization
- Masturbation
- Prostitution
- Homosexuality/lesbianism
- Incest
- Pornography
- Lust
- Sexual promiscuity
- Sexual perversions
- Sexual addictions

Be sure to list all sexual partners and/or any soul-ties you have with another. This is extremely important. Even if it was not sexual, you may be ties spiritually, emotionally or mentally. If you are enjoined to another, you must be cut free from this relationship. Remember that Jesus does not separate us from a person when we have been tied to him or her in ways that are holy and within God's plan and will. He only sets us free form the unholy or destructive part of the relationship. This is an especially important step when you are married or planning to marry. Our marriage bed should only include you, your spouse and God.

Other Habitual Sins:

- Violence
- Abuse (physical, mental, emotional, or spiritual)
- Incest
- Racial prejudice
- Anger
- Religious prejudice
- Murder
- Pride

- Greed
- Materialism
- Arrogance
- Hatred
- Unforgiveness
- Addictions (alcoholism, nicotine, drugs, food, etc.)
- Selfishness
- Judgments

Destructive or Abnormal Patterns of Relationships

- Divorces
- Abuse (emotional, mental, physical, or spiritual)
- Hostility
- Control
- Manipulation
- Domination
- Revenge
- Unforgiveness
- Bitterness
- Anger
- Depression
- Labeling of family members as outcast, black sheep, scapegoat or failure

Disease and/or Predisposition to Illness

| Arthritis | Fibromyalgia | Manic Depressive Disorders |
|------------|---------------------|----------------------------|
| Cancer | Headaches | Mental Disturbances |
| Diabetes | Heart Trouble | Nervous Breakdowns |
| Depression | High Blood Pressure | Respiratory Trouble |

Skin Problems Stomach Problems Ulcers

Historical Family Connections

- Involvement with events of great sin, evil or trauma (e.g., massacres, plagues, slavery, conquests, etc.)
- Ethnic origin issues; negative traits, cultural evils, oppression, curses (e.g., European, Asian, African, Native American or Caribbean ancestry, etc.)

Religious History

• List all non-Judeo/Christian religions in the family or ancestral history (e.g., Islam, Buddhism, Hinduism, New Age, Masons)

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- Child conceived in lust or rape
- Illegitimacy
- Parent considering abortion or abandonment
- Attempted/failed abortion
- Ambivalence or rejection from either parent
- Parent considering adoption
- Fears/anxiety (e.g., mother had difficulty carrying child to term)
- Loss of father
- Life-threatening illness of the mother
- Life-threatening illness of the baby
- Mother had miscarriage(s) or abortion(s) before you were conceived