

**ST. PATRICK PRAYER LINE**

We have an on going Prayer Line. Many of our friends and family are going thru difficulties, loss of loved ones, or personal problems and sickness. Our mission is to pray for them. If you want to pray for others or need prayer, you are welcome to e-mail Lillian Murgia at Lmurgia\_871@comcast.net or call Rosemary Dole at 6352486. Anyone wishing to serve on the Prayer Line, praying for other people, please contact Lillian Murgia at 635-2634 or Lmurgia\_871@comcast.net

**PARISH RETREAT**

Our parish retreat, "Living the Parable of Mercy", will begin the weekend of Feb. 20<sup>th</sup> with Fr. Joseph Thomas, B.S.O. preaching at all of the Masses on the weekend. Fr. Thomas is from St. Basil's in Methuen, MA. The retreat will culminate on Thursday, Feb. 25<sup>th</sup>. Please look to the bulletin for further information.

**BLOOD PRESSURE CLINIC**

The next monthly Blood Pressure Clinic is to be held in the Chapel February 27<sup>th</sup> and 28<sup>th</sup> after the 4:00 PM, 8:00 AM and 9:30 AM Masses. Anyone coming to the 11:00 AM Mass is asked to come early before Mass starts and a minister will be there to take your Blood Pressure. Thank you for your continued support.

**FISH FRY**

The Knights of Columbus will be starting their Lenten Fish Fries on Ash Wednesday and then every Friday till Easter except for Good Friday. The time is 5:00 PM – 7:00 PM. Adults are \$8. Seniors & Children under 12 yrs are \$7. If you are ordering take out, please call 635-3829. All are welcome.

**SEASONS OF HOPE  
BEREAVEMENT GROUP TO BEGIN**

If you are in need of consolation after losing a loved one, this Christ-centered faith sharing group is for you. It meets for six Mondays beginning Feb. 15<sup>th</sup>. Prayer, scripture, faith sharing, and fellowship begin at 7pm in the Meeting Room below the church. If you are interested you may call the parish office to add your name to the list or you may come and join us Monday, Feb. 15<sup>th</sup>.

**CLOTHING DRIVE**

There will be a clothing drive sponsored by the Epilepsy Foundation here at St. Patrick Parish, Sunday, February 21<sup>st</sup>. All donations will go towards research, local programs and education for families living with epilepsy. The clothing drive will begin at 7:30 AM with an Epilepsy Foundation truck parked at St. Patrick School Carport. Please feel free to come by with any and all clothing. The drive will come to a close at 4:30 Pm. All donations of any size are welcomed and appreciated.

**REGULATIONS FOR  
FAST AND ABSTINENCE**

**Ash Wednesday**, February 17, 2010, and **Good Friday**, April 2, 2010, are days of fast and abstinence. **Fridays of Lent** are also days of abstinence.

**Fasting** is to be observed by all 18 years of age and older, who have not yet celebrated their 59<sup>th</sup> birthday. On a fast day, one full meal is allowed. Two other meals, sufficient to maintain strength, may be taken according to each one's needs, but together they should not equal another full meal. Eating between meals is not permitted, but liquids, including milk and juices, are allowed.

**Abstinence** is observed by all 14 years of age and older. On days of abstinence, no meat is allowed. Note that when health or ability to work would be seriously affected, the law does not oblige. When in doubt concerning fast and abstinence, the parish priest should be consulted.

Fasting, almsgiving, and prayer are the three traditional disciplines of Lent. The faithful and catechumens should undertake these practices seriously in a spirit of penance and of preparation for baptism or of renewal of baptism at Easter.

**ST. PATRICK SCHOOL**

The St. Patrick's 8<sup>th</sup> Grade Class is holding a fundraiser. They are raffling off 2 baskets with a pair of tickets to a Celtics or Bruins game. The tickets are \$5 each, please come to the Chapel at the end of Mass on February 13<sup>th</sup> and 14<sup>th</sup> to buy a chance to win. Also, we will be selling tickets at the Pancake Breakfast on this Sunday, February 7<sup>th</sup>, in the Parish Center from 8:00 AM to 12:30 PM.

**FOOD PANTRY**

The Pelham Food Pantry is open on Wednesday from 1:00 PM – 3:00 PM and on Tuesday from 6:30 PM – 7:30 PM. We are in need of **Toilettries and Paper Products**. If you would like to make a donation or donate any items, please call Marietta Potter at 635-2671 or Cheryl Brunelle at 635-3610. In case of inclement weather or if there is no school, the Food Pantry will open the following Friday from 10:00 AM – 12:00 PM. **This weekend is Brown Bag Sunday.**

**A Thank You**

We would like to give a special thank you to the parishioner who donated \$1,500 towards our parish deficit. Also, as you can see the offertory was up over \$6,000 this week. Thank you to all of those who have given more in their envelopes; it will be a help. Our monthly assessments to the Diocese are \$13,901. We are currently running one month behind.



**Sunday, February 7**

Religious Education Classes, 9:15 AM, in the school

Religious Education Classes, 10:45 AM, in the school

**Wednesday, February 10**

Bible Study, 9:00 AM, in the meeting room

Food Pantry, 1:00 PM, in the trailer

**Thursday, February 11**

Food Pantry, 6:30 PM, in the trailer

AA, 7:00 PM, in the K of C Hall

Choir Practice, 7:30 PM, in the church

**Friday, February 12**

Alpha, 6:00 PM, in the K of C Hall

1/31/2010

**Offertory**

Offertory envelopes 309	\$5,020
Offertory loose	\$1,267
<b>Total Offertory</b>	<b>\$6,287</b>
Needed Weekly Offertory	\$5,500
<b>Parish Deficit (YTD)</b>	<b>-\$291</b>
Groundskeeping	\$2,163

**CONFIRMATION**

**Finishing Touch Classes:** 5 points is required in this area each year of Confirmation. An updated schedule is on the Parish website. Registration for the classes needs to be completed the Thursday before the class is to begin. Please e-mail Dawn Pavlini at [Confirmation@stpatricks-pelham.com](mailto:Confirmation@stpatricks-pelham.com)

**Nuts and Bolts:** 10 points is required in this area each year of the Confirmation Program.

**Reconciliation** is required once a year for each year of Confirmation. Confessions are also heard on Saturdays from 3:00 – 3:30 PM.

**Service Hours:** 15 service hours are required each year of Confirmation (10 hours within the Parish).

**Confirmation I** on February 14<sup>th</sup> a Mandatory Meeting for **ALL** Confirmation I Candidates (those that attend both Catholic and Public School) from 6:30 PM to 8:00 PM in the Parish Center.

**CONFIRMATION RETREAT:** All Confirmation II Candidates are required to attend a retreat during their second year of Confirmation Preparation.

**When: Sunday, March 21, 2010**

**Where: Rivier College Campus ( Dion Center)**

**Time: 10:00 AM – 4:00 PM**

Permission slips and Fees are due by Monday, February 15<sup>th</sup>. Please contact Dawn Pavlini at [confirmation@stpatricks-pelham.com](mailto:confirmation@stpatricks-pelham.com) with any questions.

**Are you having wintertime blues or feeling disconnected from God?**

**Why not try.....**

**God's Prescription**

If you were sick you would go to the doctor. He would give you a prescription. You would follow the directions exactly. If he told you that the medication needed to be taken for 10 days, you would not only take it for 6 days. You know even if you are feeling better, you need to take the medication for the full course of 10 day. If the directions instructed you to take the medication every 4 hours you would not start to skip doses thinking that every eight hours with suffice.

What I have to offer you is a prescription for spiritual health.

The directions: Read PSALM 23 for 7 days.

Read PSALM 23 Five times a day

First upon opening your eyes in the morning: Please place a copy by your bed.

Then BEFORE breakfast

before Lunch

before Dinner

And lastly last thing before your ready to sleep (If you watch TV in bed do PSALM 23 after).

Some people tell me that they do not eat lunch or breakfast. Read PSALM 23 when you would have eaten these meals. PSALM 23 is a short prayer. Please say this PSALM slowly and prayerfully.

Whenever feeling low or separated from God. This is your Prescription.

God Bless and remember God **created you to love you.** This is God's first purpose for your life.

(Ideas taken from God's Psychiatry by Charles Allen)

Love, Peace and Joy

Ann Kater

Pastoral Council

**PSALM 23 The Divine Shepherd**

The Lord is my shepherd, I shall not want. He makes me lie down in green pastures; he leads me beside still water; he restores my soul. He leads me in right paths for his name's sake. Even though I walk through the darkest valley, I fear no evil; for you are with me; your rod and your staff-they comfort me. You prepare a table before me in the presence of my enemies; you anoint my head with oil; my cup overflows. Surely goodness and mercy shall follow me all the days of my life, and I shall dwell in the house of the Lord my whole life long.

***FEBRUARY 7, 2010***

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**PARISH DAY OF RECOLLECTION**

**Saturday, February 20<sup>th</sup>**

**“Lent. No sackcloth. No ashes...a LONG scream calling for the place of God’s Love.”**

On Saturday, February 20<sup>th</sup>, St. Patrick Parish will host a special Day of Recollection. Mark your calendar now so nothing else gets booked and fill in the registration form. Our lives are so busy that we don’t often find quiet time, much less quiet space, to reflect and pray. February 20<sup>th</sup> will give us an opportunity to set aside that time and space and respond to Jesus’ invitation to “come away and pray with me a while.”

Sister Claire Provost, P.M. is a Sister of the Presentation of Mary living in Hudson, New Hampshire. She holds a master’s Degree in Spirituality from Providence College, and has been involved in various ministries for 50 years. Sister Claire is coming to share reflections and prayer with us on February 20<sup>th</sup>. The focus of the talks and discussion will be: What must I do to live lent? How does prayer change my life? Lent is a time to praise and raise our heart to God....do I want to do that? The day of Recollection will begin with registration at 10:00 AM in the chapel for those who have not pre-registered, followed by a talk at 10:30 AM, discussion, and a light lunch served around noon. A second talk will be given after lunch with time for discussion and reflection, and the day will culminate with the 4:00 pm Mass for all who can attend. There is no charge for attendance but a free will offering will be collected.

Won’t you set aside this day to join with other members of St. Patrick Parish to renew, reflect and pray together? Early registration will assist us in estimating food. Please register by completing the registration form below OR go to the website [www.stpatricks-pelham.com](http://www.stpatricks-pelham.com) to register online. Mail the registration form to Day of Recollection, c/o 8 Mt. Vernon Drive, Pelham, NH 03076 prior to February 13<sup>th</sup>. You can also fill out the form and give it to the person who will be taking registrations in the chapel after every Mass the weekend of Feb. 13<sup>th</sup> & 14<sup>th</sup>.

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**PARISH DAY OF RECOLLECTION**

**NAME:** \_\_\_\_\_

**ADDRESS:** \_\_\_\_\_

**TEL. NO:** \_\_\_\_\_

**FEBRUARY 7, 2010**

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*Astonishment at the catch of fish they had made seized him and all those with him, and likewise James and John, the sons of Zebedee, who were partners of Simon. Jesus said to Simon, "Do not be afraid; from now on you will be catching men." - Lk 5:9-10*

**Monday February 8**

8:00 AM James J. Dowling requested by  
Patricia Dumont

**Tuesday February 9**

8:00 AM Msgr. Colin MacDonald

**Wednesday February 10**

8:00 AM Richard W. Patenaude Jr., 4<sup>th</sup>  
Anniversary, requested by Mr. &  
Mrs. Russell Wood & family

**Thursday February 11**

8:00 AM Divine Office, Morning Prayer

**Friday February 12**

8:00 AM William Rigg, 21<sup>st</sup> Anniversary,  
requested by Helen Rigg

**Saturday February 13**

4:00 PM Red Hartwell, 4<sup>th</sup> Anniversary,  
requested by his family

**Sunday February 14**

8:00 AM Noella & Bourgeois Family  
requested by Albert P. Bourgeois  
9:30 AM Nancy LaPlant, 20<sup>th</sup> Anniversary,  
requested by her family  
11:00 AM Christian Gualtieri requested by  
the Shaw family



This week the Altar Flowers are in memory for all our loved ones, family & friends by Leon Wells & Marcelle Lussier

**SECOND COLLECTION**

This week the second collection will be for **St. Patrick School**. We thank you for your continued support. Next week the collection will be for **Capital Improvement**. Your contributions are greatly appreciated.